



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

ANSWERS TO FREQUENT QUESTIONS

The Whatcom Family YMCA is an association of individuals with shared values which enhance the community with programs for the spirit, mind and body.

Program Registration

Participants may register for programs at the Welcome Desk. Online and telephone registrations are accepted with payment by Visa/Mastercard/American Express for current members and program members.

Virtual Fitness Program

In an attempt to provide programming to those not ready to come back to our facility, we are offering the Virtual Fitness Program (VFP) through Zoom.

FREE for members or non-members can register online or call in to register (360-733-8630). Access to classes is available from Virtual YMCA from our website. Our Senior Fitness, Yoga, Group Fitness and Stretch classes will be LIVE streamed from the Bellingham YMCA (Zoom software).

COVID Precautions

In order to abide by all Washington State mandates we have:

- Practices for healthy physical and social distancing, including spacing of fitness equipment
- Staff wearing personal protective equipment (PPE) to keep themselves and others safe
- Ample access to hand washing/sanitizer stations for all
- Significant disinfecting of equipment and activity areas throughout the day
- YMCA participants must wipe down and sanitize BEFORE AND AFTER using any equipment.
- Please check our website for the amenities and programs currently available. We have had to suspend or end some amenities and programs due to COVID restrictions.

LOCATION BELLINGHAM

1256 N. State Street
Bellingham, WA 98225
360-733-8630

Program Hours:

Monday-Friday	5:30am-9pm
Saturday	7am-4pm
Sunday	Closed

Upcoming Bellingham YMCA Holiday Closures:

Thursday, November 24

Friday, November 24

Saturday, December 24

Monday, December 26

YMCA Program Refund Policy

The Annual Program Member fee is non-refundable and non-transferable. Refunds will not be granted once a program session begins. We will gladly provide a pro-rated YMCA credit to a person's account after a program begins (valid for one year from issue date). There will be \$5.00 administrative fee for all refunds/credits.

Open Doors Program

Financial assistance is available for membership and in all program areas for those who can demonstrate financial need. Applications are available on our website, whatcomymca.org.

ONLINE REGISTRATION

Available for anyone to register for membership or programs online, visit our website:
whatcomymca.org.



Like us on facebook:
facebook.com/whatcomfamilyymca

BE HEALTHY, BE HAPPY, BELONG

Membership Type		Joining Fee	Monthly Payment (EFT or Credit Card*)	Annual Single Payment	Day Pass
Adult	(20 & older)	\$45	\$49	\$559	\$12
Couple	(two adult household)	\$75	\$76	\$866	
Family	(two adults & all children in household)	\$75	\$84	\$958	\$25
Single Parent	(one adult & all children in household)	\$45	\$63	\$718	
Youth	(ages 0-12, see page 4 guidelines)		\$18.50	\$211	\$7
Teen	(ages 13-19)		\$24	\$274	\$7
Senior	(ages 65 & over)	\$45	\$42	\$479	\$12
Senior Couple	(senior household)	\$75	\$65	\$741	
College Student	(School I.D. or current class schedule required)		\$32	\$365	\$12

Monthly, non-drafted cash/check/credit card payments are accepted and will be charged a \$3 administrative fee per month.

Memberships

Monthly memberships can be set up with a convenient monthly draft plan (EFT) or credit card payment.

Membership is continuous, but you are able to cancel at any time.

Membership cancellations require in person notice two (2) weeks before your next draft date to prevent payment from drafting.

If paying by cash/check/credit card for a non-drafted monthly membership, a \$3 administrative fee will be applied each month.

Annual memberships require a 12-month enrollment.

*YMCA membership is non-refundable and non-transferable.

Membership Holds

Members may place a hold on their membership for \$10 per month for up to 5 months in a calendar year. Hold requests must be made 15 days prior to the hold taking effect. A medical leave is available at no cost to those who provide documentation from a licensed physician. Membership holds must be for all members within a membership unit.

It is easy to join the any of the following programs at our Y. Sign up at the Bellingham YMCA. After that all you have to do is check in each time you use our facility.

SilverSneakers® Membership

SilverSneakers® is a fun, energizing program that helps older adults take greater control of their health by encouraging physical activity and offering social events. Find out if your health plan or Medicare Supplement carrier offers SilverSneakers® or find a participating health plan in Washington.

Silver&Fit Membership

The Silver&Fit program is designed for older adults. Silver&Fit is a benefit offered to members of many Medicare plans across the U.S. If you are part of a Medicare health plan or if you are a group retiree, you may already have the Silver&Fit benefit.

Renew Active™

With Renew Active™, from United Healthcare, you can visit any of our centers at no additional cost.